

XII Meeting. State of the Art in

# HEART FAILURE

CLINICAL PRACTICE AND ORGANIZATIONAL MODELS

Venue: Hotel Meliá María Pita, A Coruña

A Coruña 26-27 September 2025



#ACORUÑAHF2025



# Tafamidis in ATTR-CM. Scientific and Real-Life Evidence Update

Gonzalo Barge Caballero

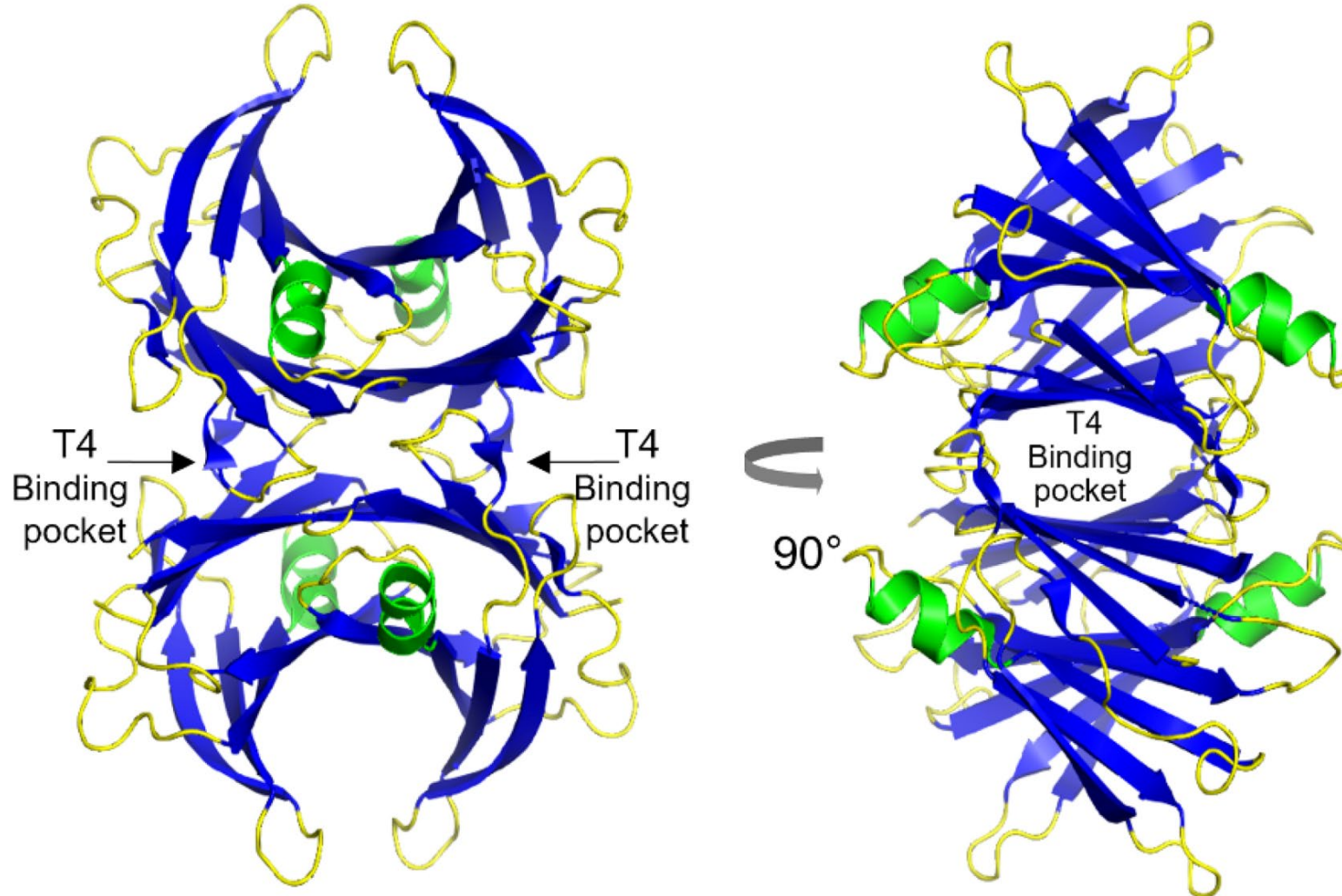
Complejo Hospitalario Universitario A Coruña

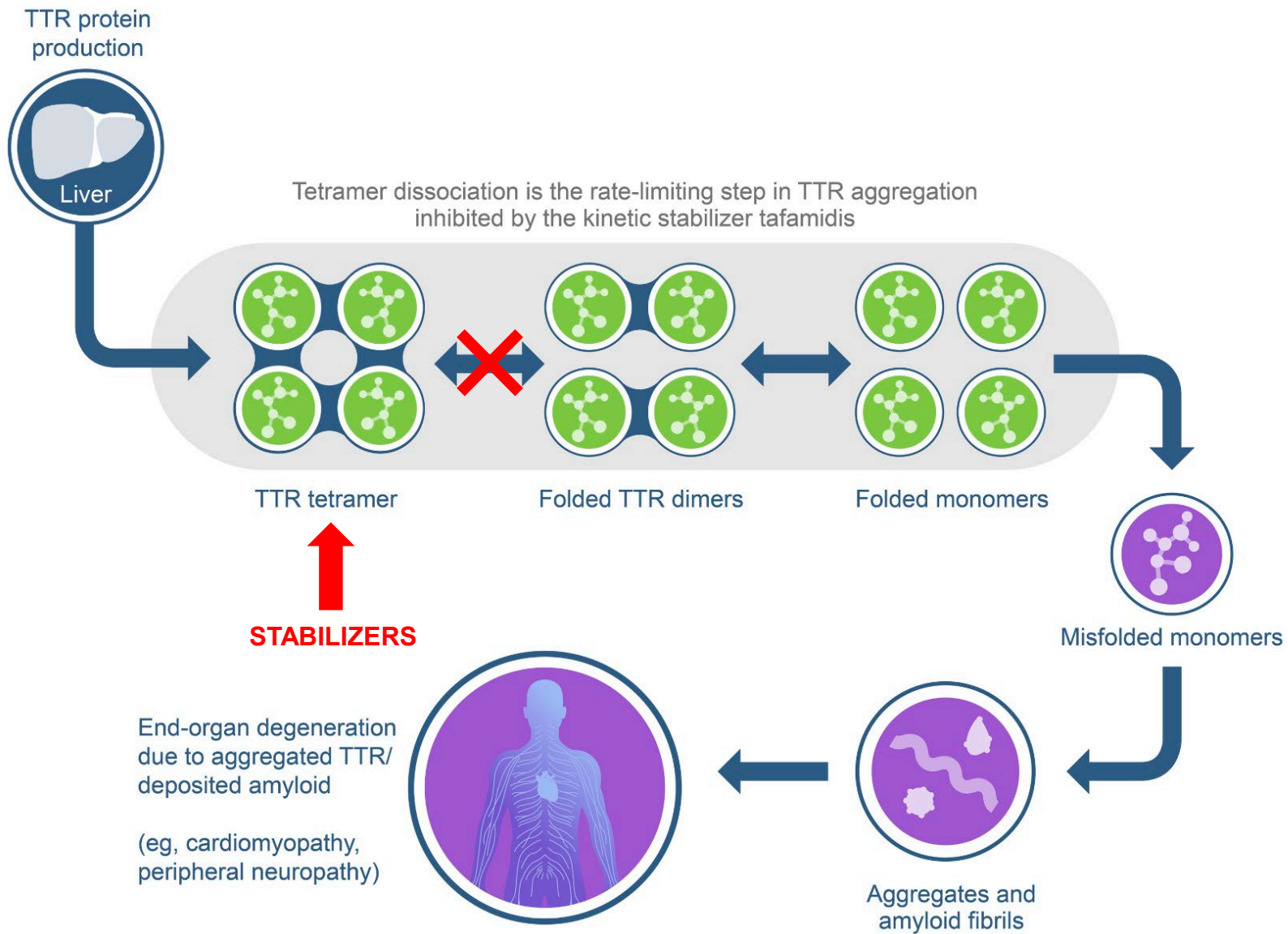
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# DISCLOSURES

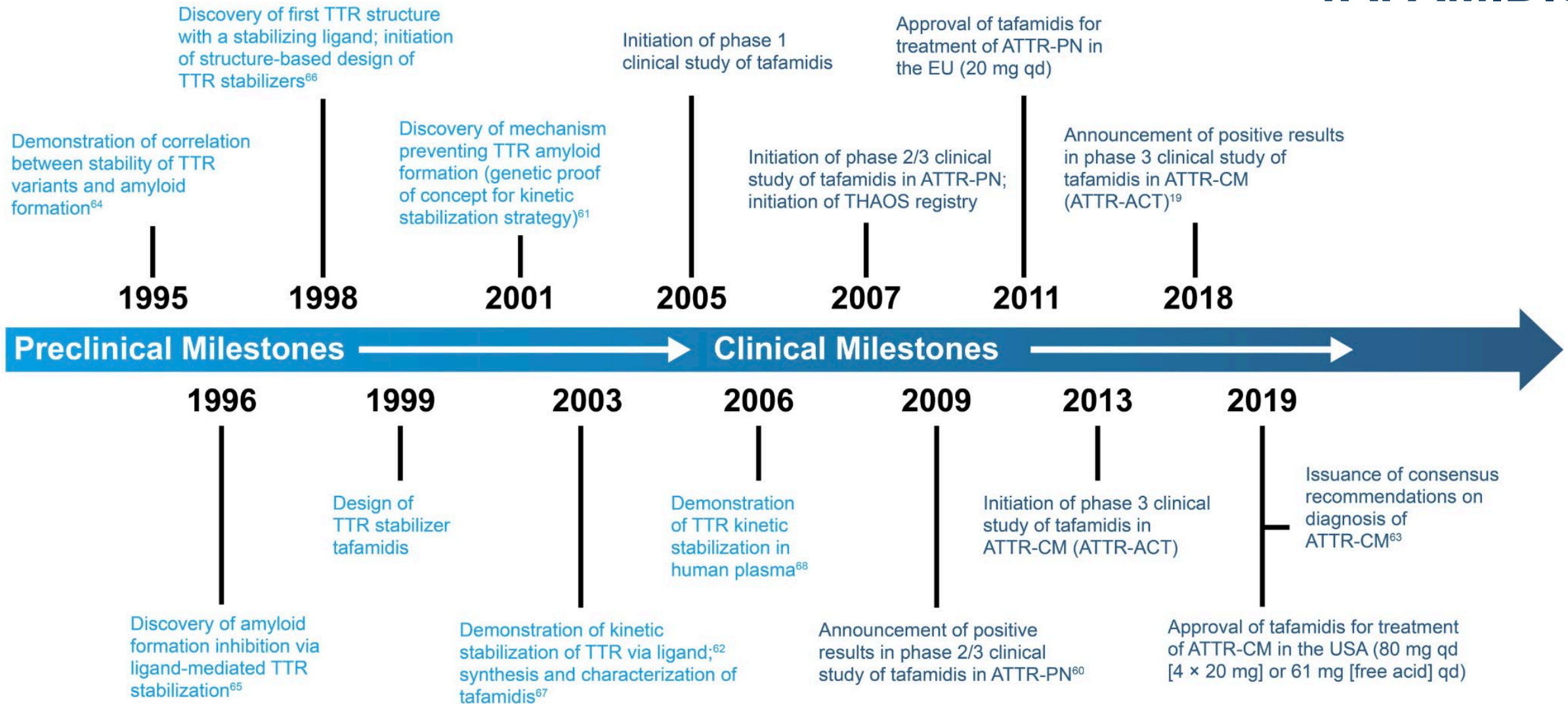
I received travel grants, speaker fees and two research grants from Pfizer

# TRANSTHYRETIN: transports **THY**roxine (T4) and **RETIN**ol (vitamin A)





# TAFAMIDIS



**FDA: may 3, 2019**

**EMA: february 17, 2020**

**TAFAMIDIS** is available in Spain since June 2023 for the treatment of ATTRwt/ATTRv-CM

**TAFAMIDIS** was the first specific treatment for ATTR-CM and continues to be the only one available in Spain

**TAFAMIDIS** is administered orally and is available as free acid 61mg (CM) and meglumine 20mg (PN) capsules



**TAFAMIDIS**

Na indicación do tratamento da amiloidose por transtiretina nativa ou hereditaria en pacientes adultos con miocardiopatía (ATTR-CM).

O tratamento deberase iniciar baixo a supervisión dun médico con experiencia no manexo de pacientes con amiloidose ou miocardiopatía.

Os pacientes deben cumprir os seguintes criterios:

- Diagnóstico de insuficiencia cardíaca :
  - A lo menos unha hospitalización previa ou ter clínica de sobrecarga de volume que precise tratamento diurético para a melloría (sen hospitalización) -[indicar data](#)
  - Clase I-II\* da NYHA -[indicar clase](#)
  - FEVI  $\geq$  50% -[indicar FEVI](#)
  - Grosor da parede do septo interventricular telediastólico  $>12$  mm na ecocardiografía - [indicar data ecocardiografía e dato del grosor do septo](#).
- Gammagrafía nuclear confirmatoria da TTR (intensidade de captación grao 2-3, segundo gradación visual) - [indicar data e grao de captación](#).
- Estudo xenético que confirme fenotipo cardíaco da amiloidose.
  - si ATTRwt-CM poderase iniciar tratamento si idade  $\geq$  60 e  $\leq$  90 anos
  - si ATTRh-CM poderase iniciar tratamento si idade  $\geq$  45 e  $\leq$  90 anos-[indicar data e mutación en caso de ATTRh-CM](#)
- FG  $\geq$  30mL/min
- Test da marcha de 6 minutos (TM6M)  $>100$  m- [indicar datas e metros percorridos](#)
- Valor do pro-B de tipo N-terminal (NT-proBNP)  $\geq$  600 pg/mL-[indicar valor e data do último valor analítico](#)
- Non ter recibido transplante de corazón ou de fígado.
- Non levar un dispositivo de asistencia ventricular.
- Non estar recibindo outros tratamentos modificadores da enfermidade para a ATTR.

\*NYHA III: a ficha técnica contempla o uso en pacientes NYHA I e II quedando os pacientes NYHA III a criterio dun médico con experiencia no manexo de pacientes con amiloidose.

**CRITERIOS DE RETIRADA DO TRATAMENTO:**

- NYHA IV
- recibir transplante de corazón ou fígado
- implantación de dispositivos de asistencia ventricular

**ANEXO I**  
**Formulario Solicitud inicio do tratamento con Tafamidis**

Deberan cumprimentarse todos os datos deste anexo así como a data, para ser valorado o financiamento do tratamento polos Servizos de Farmacia correspondentes.

	Data	Dato
Idade		
Hospitalización previa por IC		SI/NON
Utilización ambulatoria de diuréticos para síntomas de IC		SI/NON
Clase de la NYHA		
FEVI		
Ecocardiograma *		
Biopsia confirmatoria en tecido cardíaco ou extracardíaco ou Gammagrafía confirmatoria da transtiretina**		
Estudio xenético de transtiretina ***		
Test da marcha de 6 minutos		
Valor do NT-proBNP ****		
Filtrado glomerular(FG)		

No haber recibido un transplante de corazón ou de fígado  
No ter implantado un dispositivo de asistencia ventricular  
No estar recibindo outros tratamentos modificadores da enfermidade

\* indicar grosor da parede do septo interventricular telediastólico da última medición  
\*\* indicar grao de captación (gradación visual)  
\*\*\* si hereditaria indicar mutación  
\*\*\*\* valor última medición de NT-prBNP

# ATTR-ACT

- Phase III clinical trial in patients with ATTRwt/ATTRv-CM
- **441** patients randomized to **tafamidis meglumine (80mg or 20mg)** vs **placebo** for 30 months
- Patients were enrolled between **2013-2015**
- **Primary outcome:** hierarchical analysis of all-cause mortality followed by CDV-hospitalizations
- **Secondary outcomes:**
  - Change from baseline to month 30 for the 6-minute walk test
  - Change from baseline to month 30 on the KCCQ-OS score

# ATTR-ACT: BASELINE CHARACTERISTICS

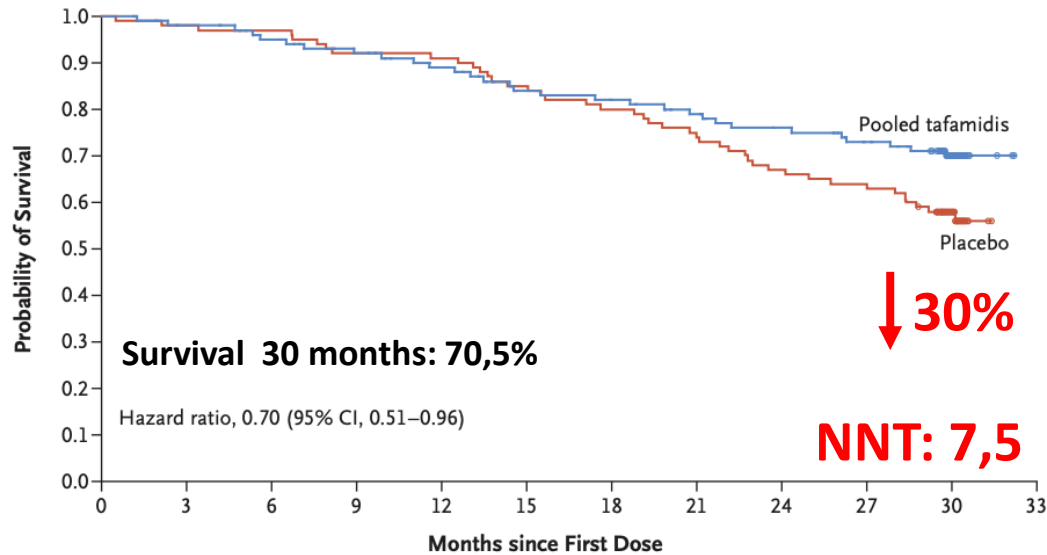
Characteristic	Tafamidis (N=264)	Placebo (N=177)
<b>Age — yr</b>		
Mean	74.5±7.2	74.1±6.7
Median (range)	75 (46–88)	74 (51–89)
<b>Sex — no. (%)</b>		
Male	241 (91.3)	157 (88.7)
Female	23 (8.7)	20 (11.3)
<b>Race — no. (%)</b>		
White	211 (79.9)	146 (82.5)
Black	37 (14.0)	26 (14.7)
Asian	13 (4.9)	5 (2.8)
Other	3 (1.1)	0
<b>TTR genotype — no. (%)</b>		
ATTRm	63 (23.9)	43 (24.3)
ATTRwt	201 (76.1)	134 (75.7)
<b>Blood pressure — mm Hg</b>		
Supine		
Systolic	115.4±15.4	115.1±15.7
Diastolic	70.4±10.3	70.2±9.5
Standing		
Systolic	115.5±15.5	115.9±15.9
Diastolic	70.6±9.9	71.0±10.3
<b>Heart rate, mean — beats per minute</b>		
Supine	70.7±12.3	69.9±11.7
Standing	72.9±12.9	73.8±12.2
<b>NYHA Class — no. (%)</b>		
Class I	24 (9.1)	13 (7.3)
Class II	162 (61.4)	101 (57.1)
Class III	78 (29.5)	63 (35.6)
Modified BMI†	1058.8±173.8	1066.4±194.4
<b>NT-proBNP level — pg/ml</b>		
Median	2995.9	3161.0
Interquartile range	1751.5–4861.5	1864.4–4825.0

# ATTR-ACT: primary outcome

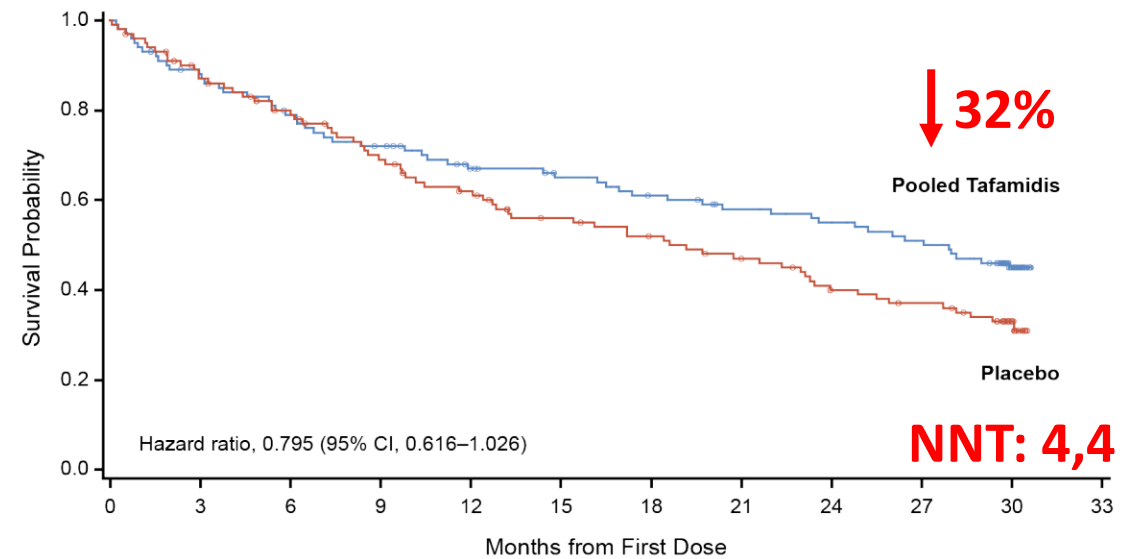
**A Primary Analysis, with Finkelstein–Schoenfeld Method**

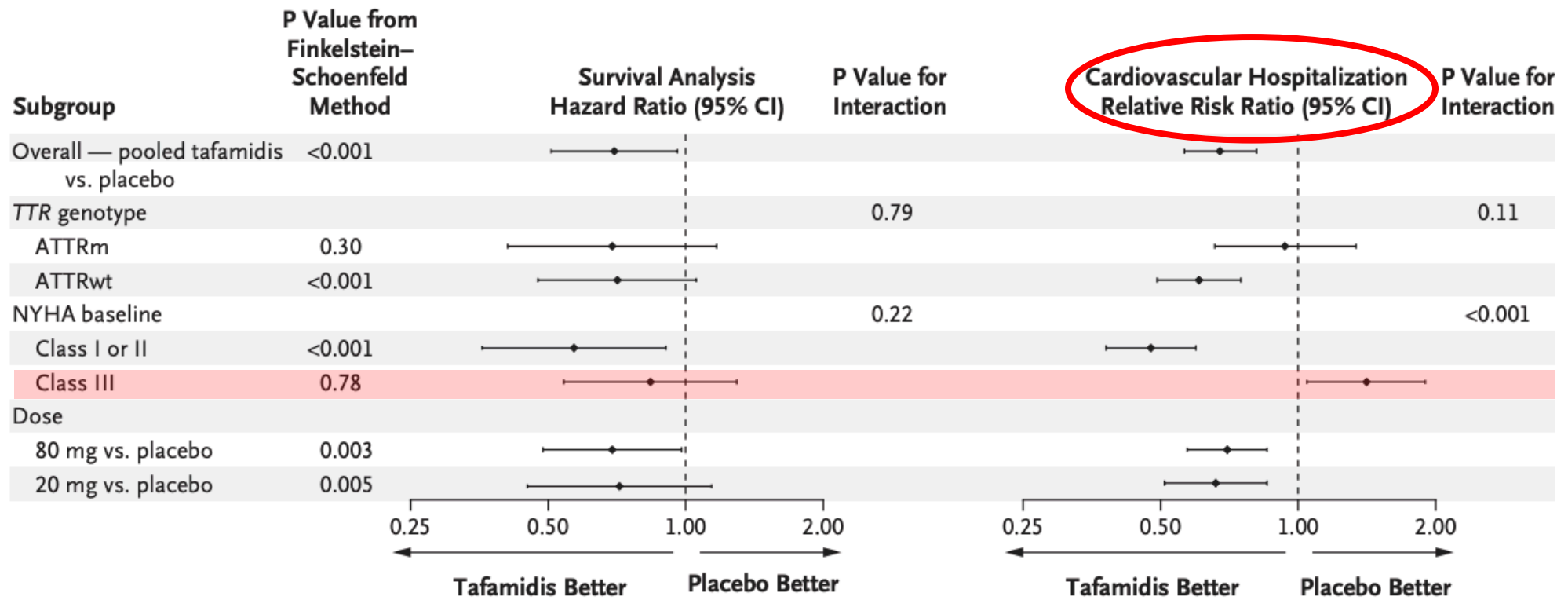
	No. of Patients	P Value from Finkelstein–Schoenfeld Method	Win Ratio (95% CI)	Patients Alive at Mo 30 <i>no. (%)</i>	Average Cardiovascular-Related Hospitalizations during 30 Mo among Those Alive at Mo 30 <i>per patient per yr</i>
<b>Pooled Tafamidis</b>	264	<0.001	1.70 (1.26–2.29)	186 (70.5)	0.30
<b>Placebo</b>	177			101 (57.1)	0.46

**B Analysis of All-Cause Mortality**



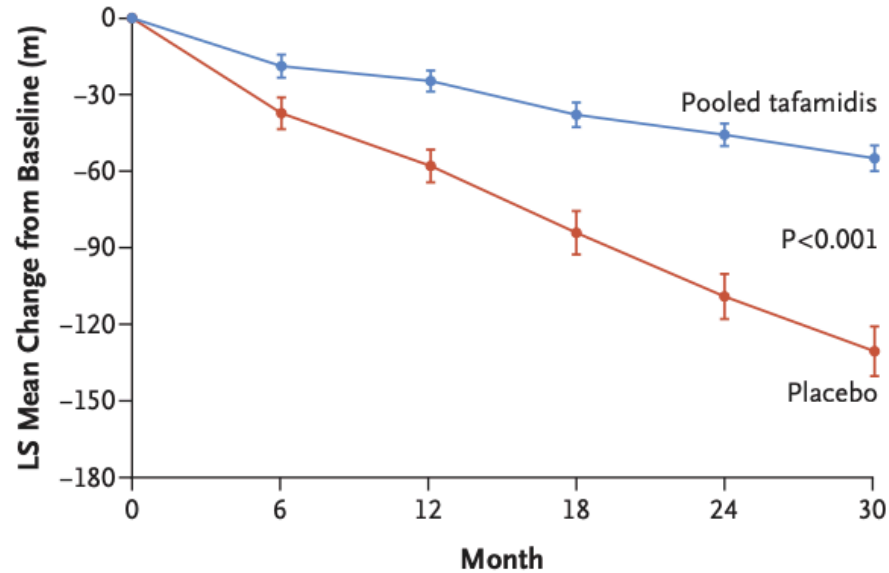
**Analysis of CDV-related hospitalizations**





# ATTR-ACT: secondary outcomes

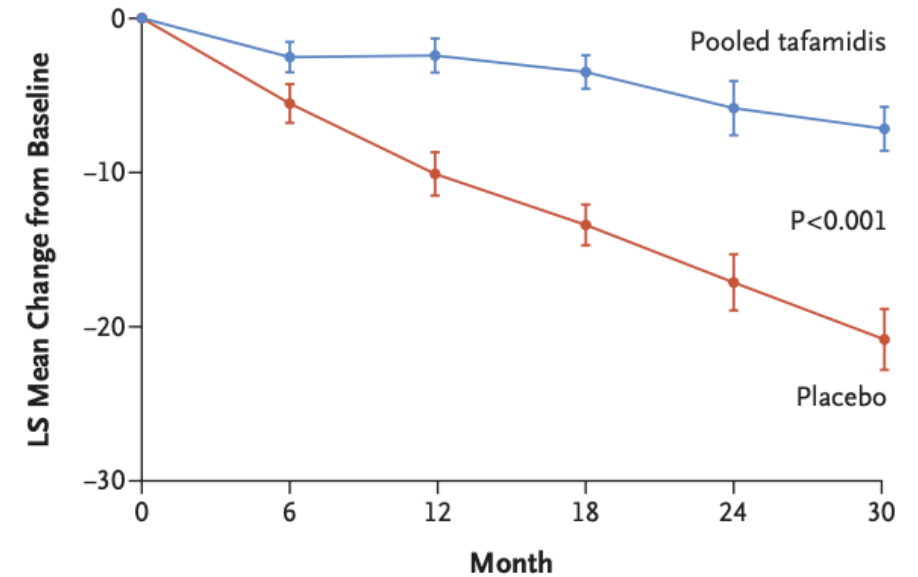
**A** Change from Baseline in 6-Minute Walk Test



**No. of Patients**

Tafamidis	264	233	216	193	163	155
Placebo	177	147	136	111	85	70

**B** Change from Baseline in KCCQ-OS



**No. of Patients**

Tafamidis	264	241	221	201	181	170
Placebo	177	159	145	123	96	84

**TAFAMIDIS** demonstrated to be a safe drug, with an occurrence of adverse events similar to placebo

Dose reduction or discontinuation of the drug due to adverse events was greater with placebo

# TAFAMIDIS in HF guidelines

(1)

## Recommendations for the treatment of transthyretin amyloidosis-cardiac amyloidosis

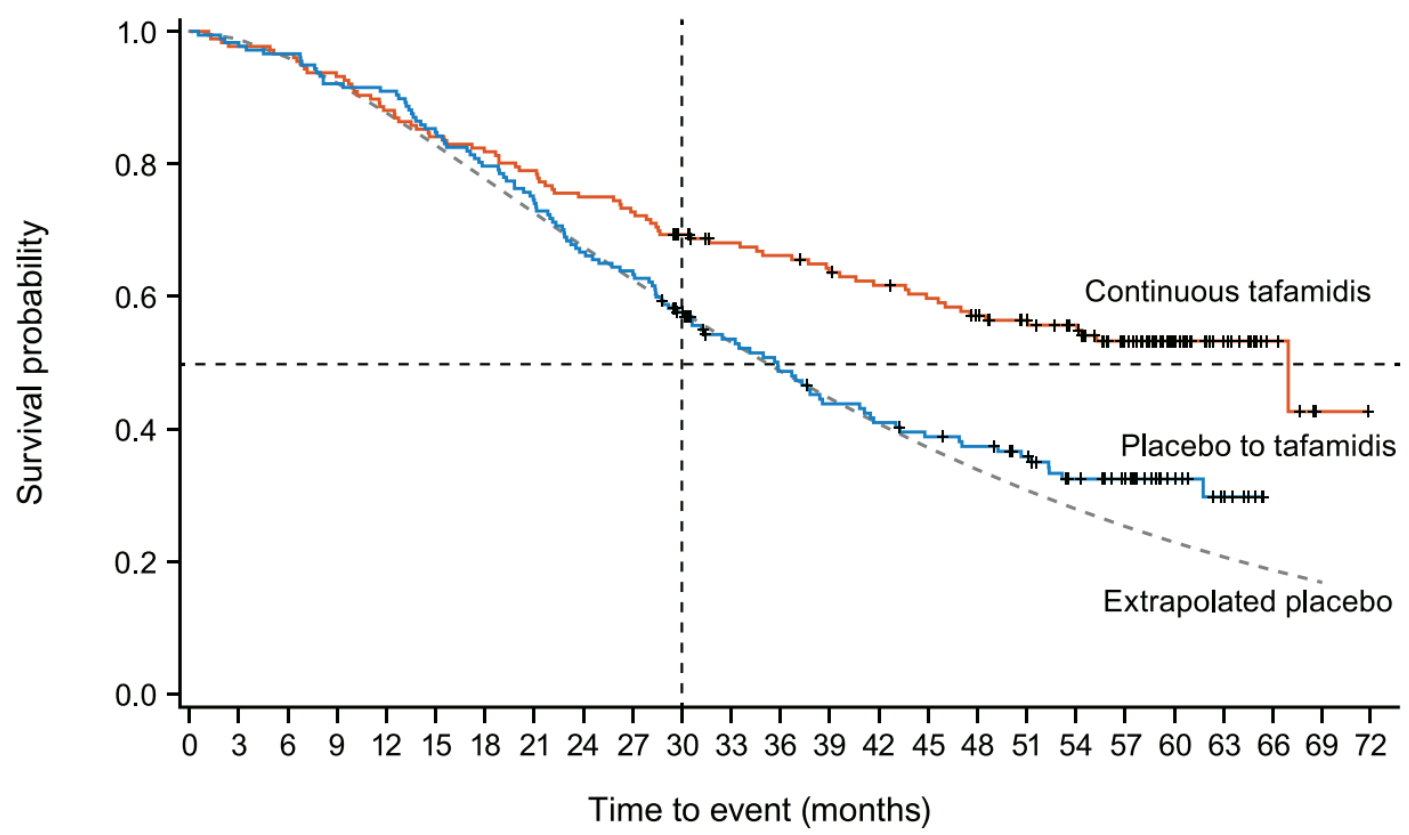
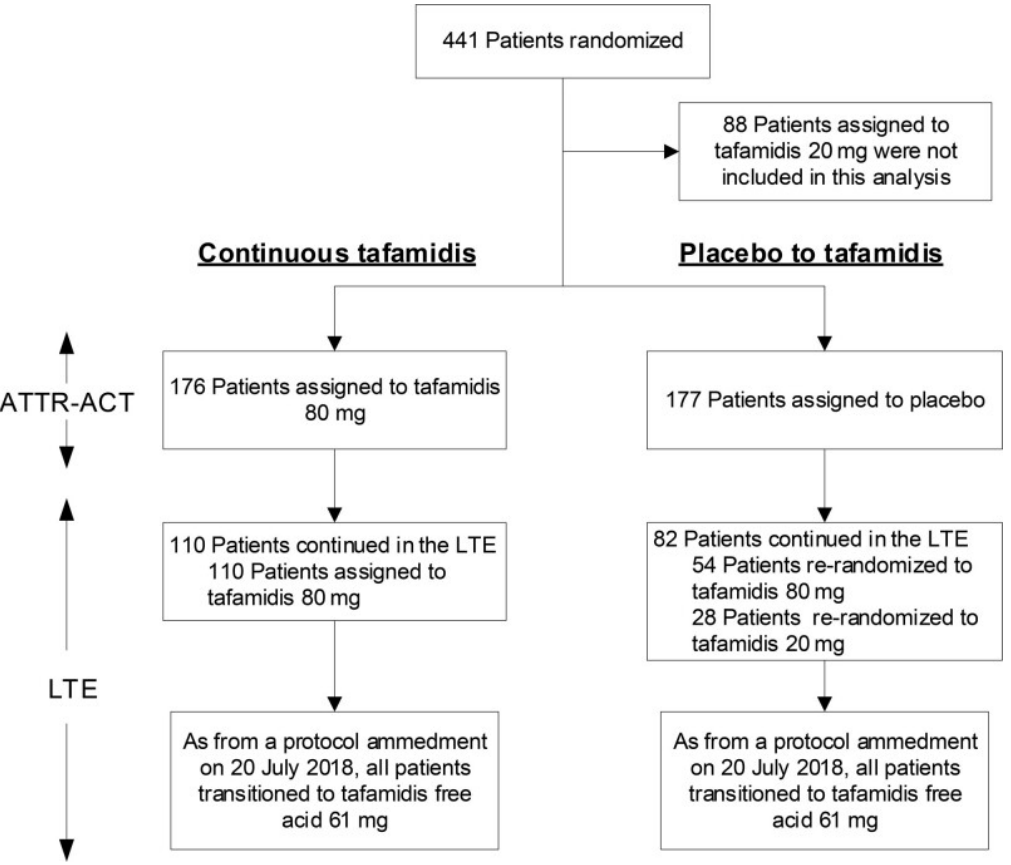
Recommendations	Class <sup>a</sup>	Level <sup>b</sup>
Tafamidis is recommended in patients with genetic testing proven hTTR-CA and NYHA class I or II symptoms to reduce symptoms, CV hospitalization and mortality. <sup>980</sup>	I	B
Tafamidis is recommended in patients with wtTTR-CA and NYHA class I or II symptoms to reduce symptoms, CV hospitalization and mortality. <sup>980</sup>	I	B

(2)

## Recommendations for Treatment of Cardiac Amyloidosis Referenced studies that support the recommendations are summarized in the Online Data Supplements.

COR	LOE	Recommendations
1	B-R	1. In select patients with wild-type or variant transthyretin cardiac amyloidosis and NYHA class I to III HF symptoms, transthyretin tetramer stabilizer therapy (tafamidis) is indicated to reduce cardiovascular morbidity and mortality. <sup>1</sup>

# ATTR-ACT LTE (long-term extension)

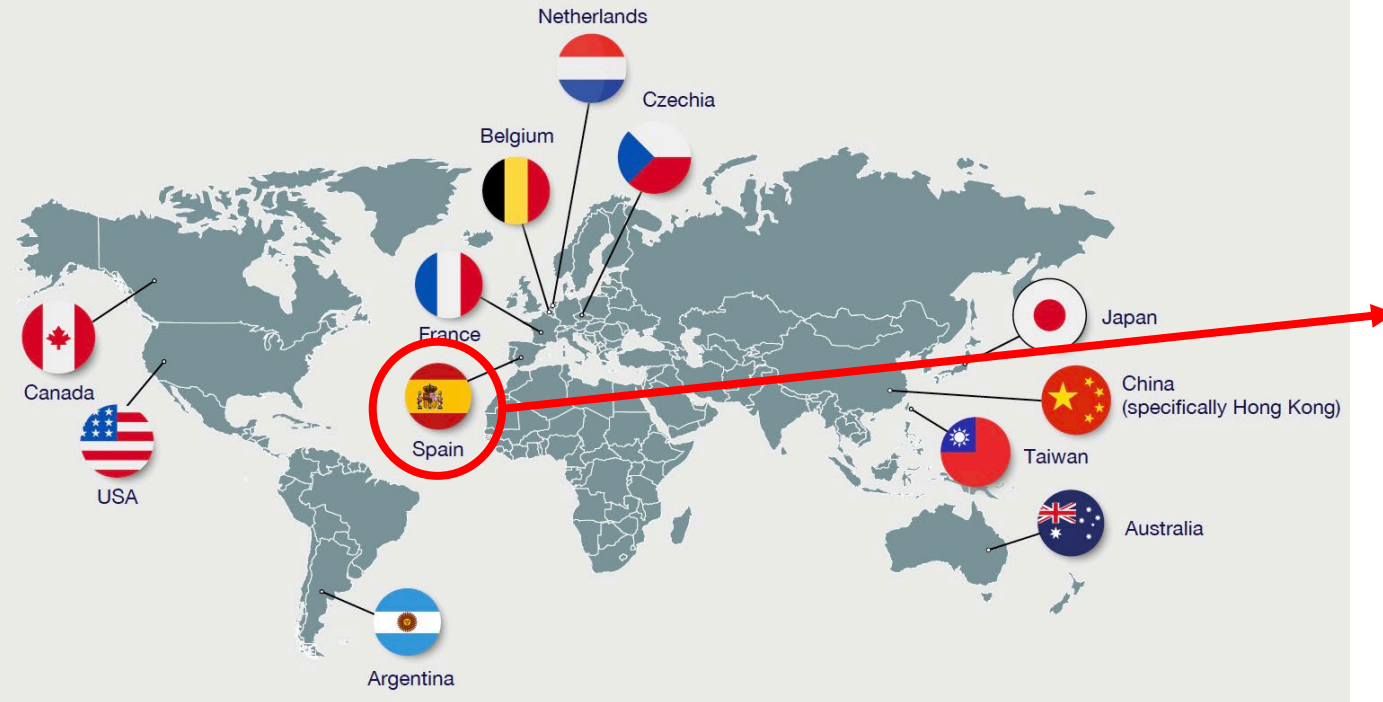


# ATTR-ACT LTE (long-term extension)

- Open-label study of tafamidis treatment in patients with ATTRwt/ATTRv-CM
- Patients who took part in ATTR-ACT were not included
- **1476** patients received tafamidis for up to 60 months, until it became commercially available in their region
- Patients were enrolled between **2018-2023**
- Median exposure: 1 year
- Longest treatment duration: 4,5 years

# ATTR-ACT LTE (long-term extension)

People were from 47 centers in 12 countries:



**2 centers in Spain**

# ATTR-ACT LTE (long-term extension)



1,476 patients with ATTR-CM

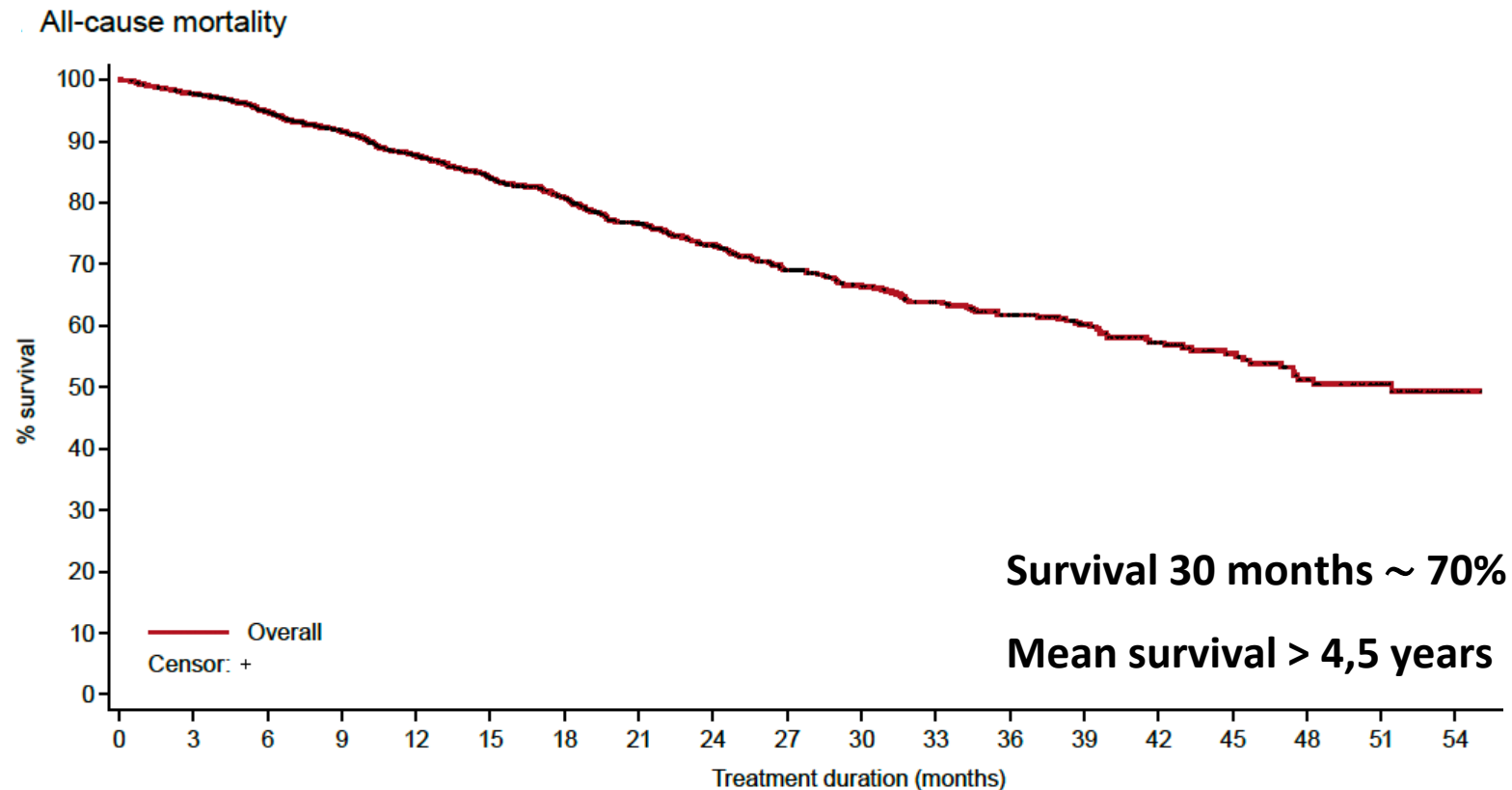
- Treated with tafamidis free acid 61 mg in an early access cohort with minimal enrollment criteria
- Treatment could continue for up to 60 months, or until commercially approved in their region

- Median exposure was 1 year
- The longest treatment duration was 4.5 years

Treated Patients (N = 1,476)	
Age, y	
Mean (SD)	76.5 (7.8)
Median (range)	77 (32-96)
Sex, n (%)	
Male	1,311 (88.8)
Female	165 (11.2)
Race, n (%)	
White	1,252 (84.8)
Black	139 (9.4)
Asian	66 (4.5)
Other	19 (1.3)

Treated Patients (N = 1,476)	
NYHA classification, n (%)	
I	220 (14.9)
II	781 (52.9)
III	455 (30.8)
IV	19 (1.3)
Missing	1 (<0.1)
TTR genotype, n (%)	
Wild-type	1,264 (85.6)
Variant	
V122I (p. V142I)	132 (8.9)
A97S (p. A117S)	25 (1.7)
V30M (p. V50M)	13 (0.9)
T60A (p. T80A)	11 (0.7)
Others <sup>b</sup>	31 (2.1)
Most common medical history, <sup>c</sup> n (%)	
Hypertension	907 (61.4)
Atrial fibrillation	854 (57.9)
Carpal tunnel syndrome	695 (47.1)
Osteoarthritis	384 (26.0)
Benign prostatic hyperplasia	372 (25.2)
Hyperlipidemia	366 (24.8)
Coronary artery disease	339 (23.0)
Dyslipidemia	324 (22.0)
NT-proBNP, ng/L	
	n = 124
Mean (SD)	2,832 (4,036)
Median (range)	1,669 (51, 28,061)

# ATTR-ACT LTE (long-term extension)



# ATTR-ACT LTE (long-term extension)

**TABLE 4** Incidence of Treatment-Related Adverse Events  
(N = 1,476)

Any treatment-related adverse event	112 (7.6)
Serious	9 (0.6)
Severe	4 (0.3)
Caused study discontinuation	9 (0.6)
Caused treatment discontinuation (patient remained in the study)	0 (0.0)
Caused a dose reduction	5 (0.3)

## The most common tafamidis-related side effects were:



**Diarrhea** - reported in 26 people



**Fatigue** - reported in 10 people.  
Fatigue is a feeling of exhaustion, both mentally and physically



**Other tafamidis-related side effects:**  
reported in fewer than 10 people

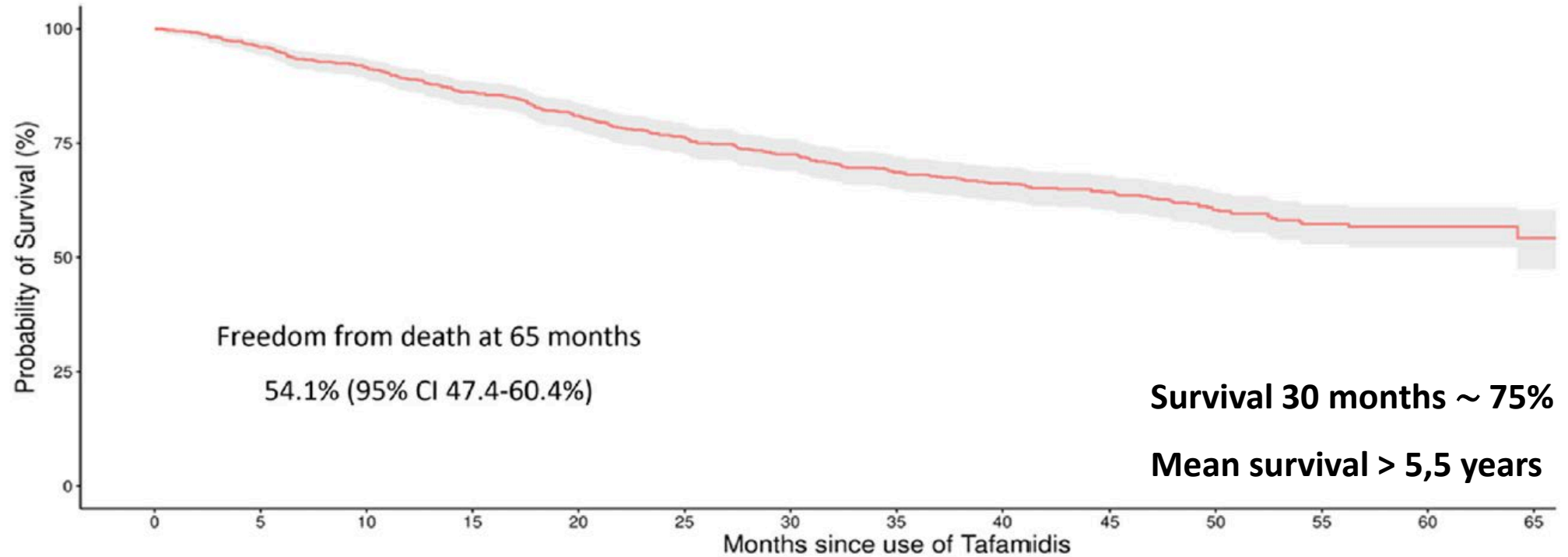
# TAFAMIDIS: real world evidence

- Retrospective observational multicenter (5 centers in USA) study
- **624** patients received tafamidis (early access program or commercial prescriptions)
- Patients were enrolled between january/2018-october/2021
- Median follow-up: 3,6 years

# TAFAMIDIS: real world evidence

	Total (N = 624)	82,5% wtATTR (n = 515)	vATTR (n = 109)	P Value
Age, y	78.0 (72.0-83.0)	79.0 (73.1-84.0)	71.0 (65.0-76.0)	
Male	546 (87.5)	469 (91.1)	77 (70.6)	
Race				<0.001
White	507 (81.3)	472 (91.7)	35 (32.1)	<0.001
Black	109 (17.5)	38 (7.4)	71 (65.1)	
Other	8 (1.3)	5 (1.0)	3 (2.8)	
TTR variant		–		
V122I			77 (70.6)	
T60A			15 (13.8)	
V30M			5 (4.6)	
Other			12 (11.0)	
NYHA functional class				0.16
I	84 (13.5)	65 (12.6)	19 (17.4)	
II	324 (51.9)	276 (53.6)	48 (44.0)	
III	210 (33.7)	168 (32.6)	42 (38.5)	
IV	6 (1.0)	6 (1.2)	0 (0.0)	
Diagnosis method				0.090
Endomyocardial biopsy	92 (14.7)	82 (15.9)	10 (9.2)	
Scintigraphy	498 (79.8)	408 (79.2)	90 (82.6)	
Others	34 (5.4)	25 (4.9)	9 (8.3)	
NT-proBNP, pg/mL	1,911.0 (960.5-3,909.0)	2,080.0 (1,007.0-3,859.0)	1,495.0 (705.0-4,034.5)	0.11

# TAFAMIDIS: real world evidence



# TAFAMIDIS: real world evidence

- Retrospective analysis from THAOS (Transthyretin Amyloidosis Outcomes Survey) real-world registry
- **1441** patients (587 with tafamidis vs 854 without tafamidis) enrolled between 2007-2023
- **73,4%** of treated patients enrolled 2019-2023 / **54,8%** of untreated patients enrolled 2013-2018
- Median follow-up: 2,2 years

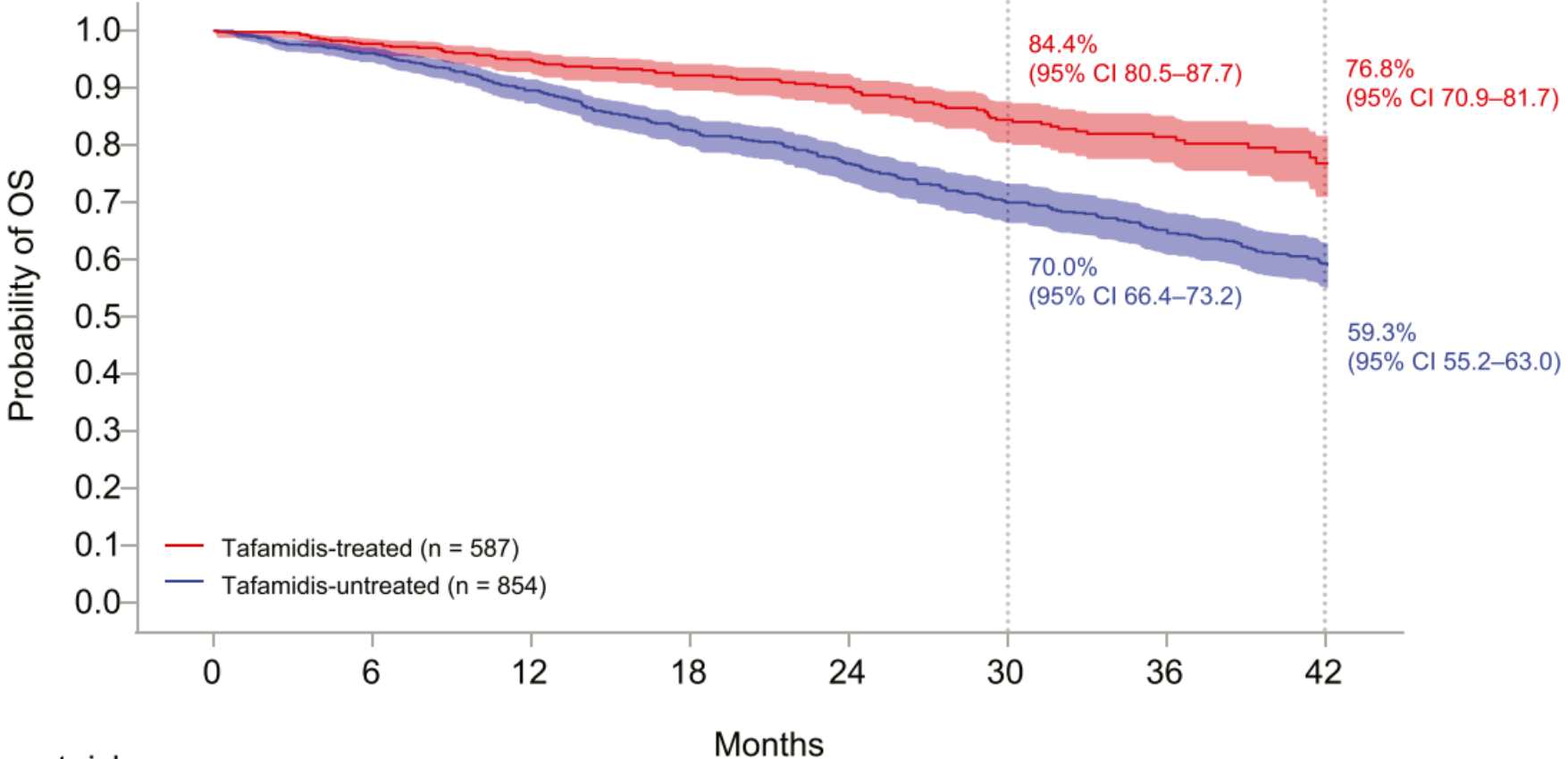
# TAFAMIDIS: real world evidence

	Tafamidis-treated (n = 587)	Tafamidis-untreated (n = 854)	P Value
Sex, n (%)			0.25
Male	539 (91.8)	769 (90.0)	
Female	48 (8.2)	85 (10.0)	
Race/ethnicity,*n (%)	502	767	<0.001
Afro-Caribbean	1 (0.2)	8 (1.0)	
American Hispanic	1 (0.2)	0	
Asian	9 (1.8)	8 (1.0)	
Black or African American	28 (5.6)	72 (9.4)	
Latino American	0	12 (1.6)	
White	463 (92.2)	659 (85.9)	
Other	0	8 (1.0)	
Age at symptom onset (y), n	500	783	0.86
Median (10th, 90th percentile)	72.5 (59.5, 82.5)	72.5 (57.5, 82.5)	
Time from symptom onset to diagnosis (y), n	495	726	0.45
Median (10th, 90th percentile)	1.6 (0.0, 13.0)	1.4 (0.0, 10.7)	
Year of enrollment, n (%)			<0.001
2007–2012	13 (2.2)	147 (17.2)	
2013–2018	143 (24.4)	468 (54.8)	
2019–2023	431 (73.4)	239 (28.0)	
Age at enrollment (y), median (10th, 90th percentile)	77.7 (68.0, 85.9)	76.4 (65.2, 85.7)	0.02
Symptom duration at enrollment (y), n	500	783	0.30
Median (10th, 90th percentile)	3.0 (0.4, 13.7)	2.7 (0.3, 11.9)	
Follow-up time,† (y), median (10th, 90th percentile)	2.2 (0.5, 5.3)	2.3 (0.6, 5.7)	0.07
TTR genotype, n (%)			<0.001
Variant	48 (8.2)	138 (16.2)	
Wild-type	539 (91.8)	716 (83.8)	

# TAFAMIDIS: real world evidence

Most Common TTR Variants, <sup>†</sup> n (%)			0.01
V122I (p. V142I)	21 (3.6)	69 (8.1)	
V30M (p.V50M) <sup>§</sup>	3 (0.5)	18 (2.1)	
I68L (p.I88L)	5 (0.9)	10 (1.2)	
Heart failure, n (%)	509 (86.7)	787 (92.2)	<0.001
NYHA functional class, n (%)	484	769	<0.001
I	76 (15.7)	80 (10.4)	
II	305 (63.0)	456 (59.3)	
III	102 (21.1)	207 (26.9)	
IV	1 (0.2)	26 (3.4)	
NT-proBNP (pg/mL), n	157	487	0.04
Median (10th, 90th percentile)	1883.0 (459.0, 6837.0)	2498.0 (466.0, 8256.0)	
LV septum thickness (mm), n	464	611	0.13
Median (10th, 90th percentile)	17.0 (13.0, 22.0)	17.0 (13.0, 22.0)	
LV ejection fraction (%), n	472	609	0.02
Median (10th, 90th percentile)	50.0 (33.0, 63.0)	49.0 (29.0, 62.0)	
mBMI, n	403	473	0.23
Median (10th, 90th percentile)	1077.6 (851.8, 1346.5)	1060.2 (806.4, 1344.1)	
Past or current clinical trial participation, <sup>   </sup> n (%)	581	752	0.70
Yes	120 (20.7)	149 (19.8)	
Tafamidis trial	7 (1.2)	0	
Non-tafamidis trial	113 (19.4)	149 (19.8)	
No	461 (79.3)	603 (80.2)	
Diagnostic method, <sup>¶</sup> n (%)			-
Clinical symptoms	546 (93.0)	734 (85.9)	
Amyloid confirmed on tissue biopsy	244 (41.6)	460 (53.9)	
TTR confirmed as precursor protein on tissue biopsy	218 (37.1)	401 (47.0)	
Scintigraphy	352 (60.0)	228 (26.7)	
Other	66 (11.2)	34 (4.0)	

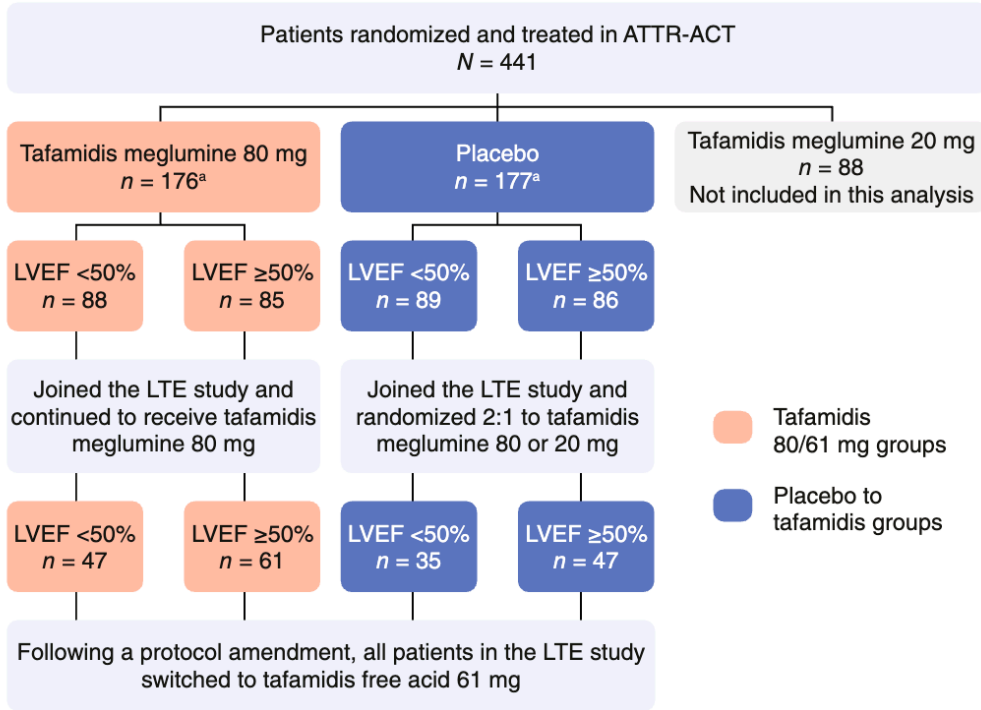
# TAFAMIDIS: real world evidence



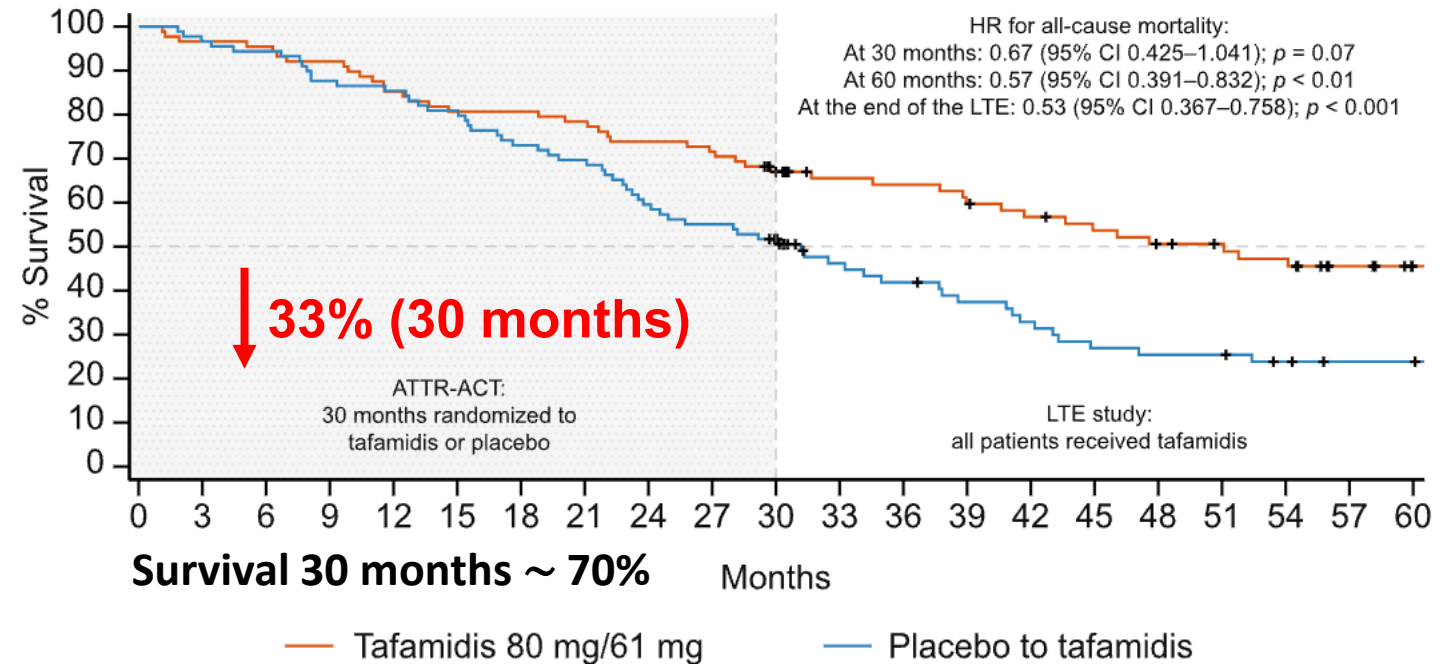
# TAFAMIDIS: real world evidence

	Tafamidis dose				
	20 mg (n = 52)	80/61 mg (n = 455)	20 to 80/61 mg (n = 73)	Other doses (n = 7)	All doses (n = 587)
Number of AEs, n	22	258	61	11	352
Patients with AEs, n (%)	11 (21.2)	120 (26.4)	28 (38.4)	2 (28.6)	161 (27.4)
Patients with serious AEs, n (%)	10 (19.2)	91 (20.0)	20 (27.4)	2 (28.6)	123 (21.0)
Patients with severe AEs, n (%)	8 (15.4)	77 (16.9)	16 (21.9)	2 (28.6)	103 (17.5)
Patients for whom treatment was withdrawn due to AEs,* n (%)	1 (1.9)	12 (2.6)	2 (2.7)	1 (14.3)	16 (2.7)
Patients with dose reduction due to AEs, n (%)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)

# TAFAMIDIS and LVEF



## FEVI <50% (50% of the cohort)



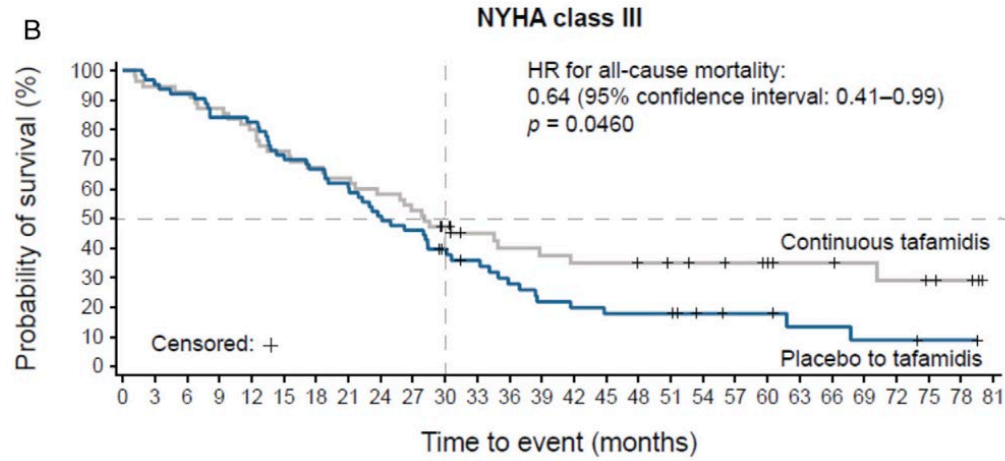
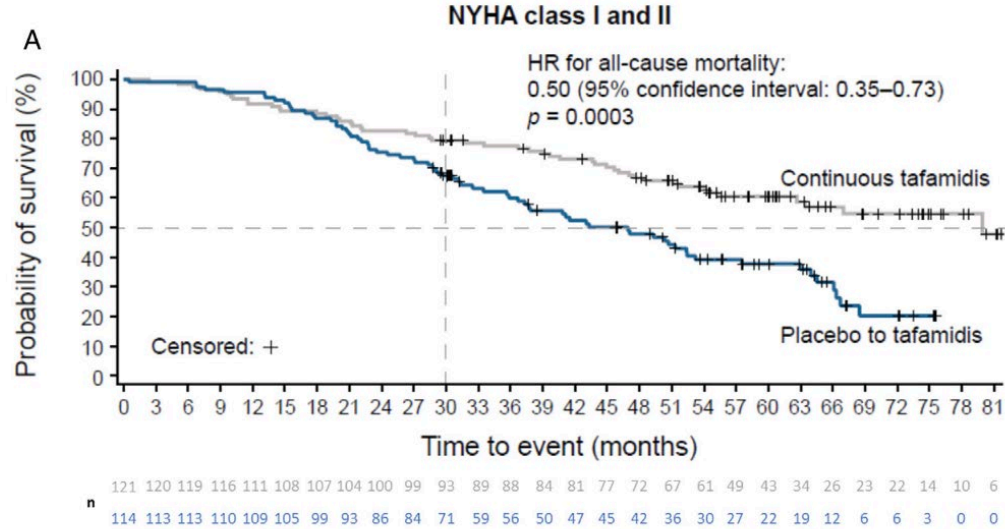
Os pacientes deben cumprir os seguintes criterios:

1. -Diagnóstico de insuficiencia cardíaca :

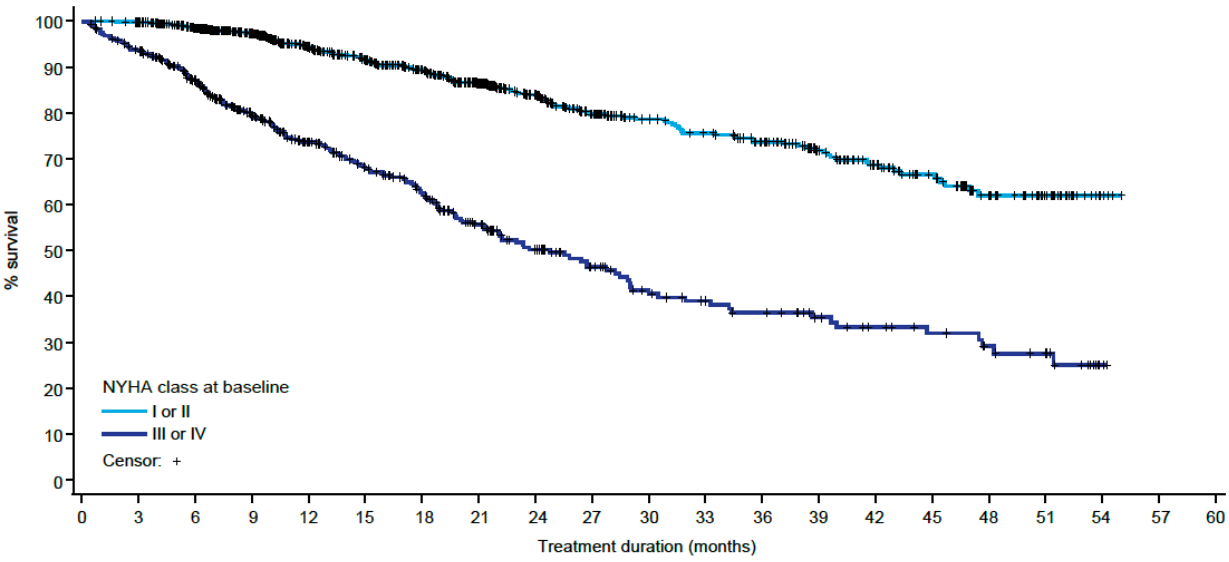
- A lo menos unha hospitalización previa ou ter clínica de sobrecarga de volume que precise tratamento diurético para a melloría (sen hospitalización) -indicar data
- Clase I-II\* da NYHA -indicar clase
- ➔ FEVI  $\geq$  50% -indicar FEVI
- Grosor da parede do septo interventricular telediastólico  $>12$  mm na ecocardiografía .-indicar data ecocardiografía e dato del grosor do septo.

# TAFAMIDIS and NYHA functional class

(1)



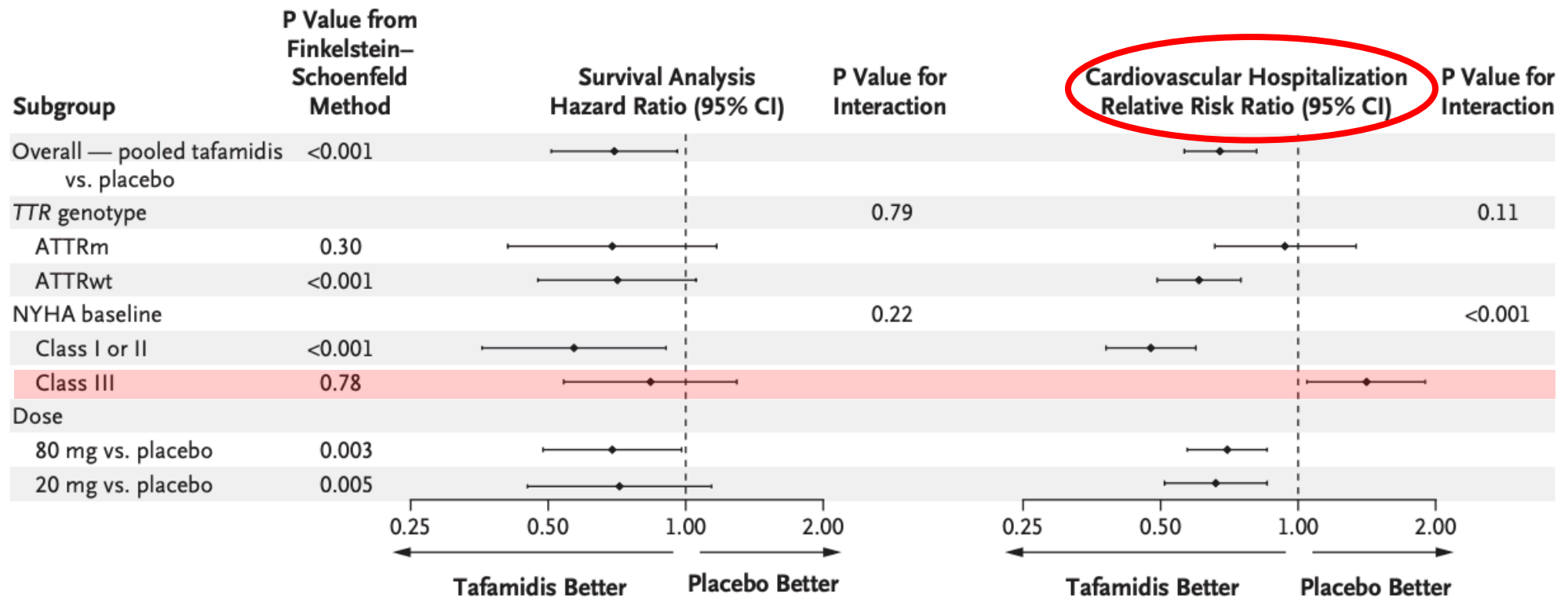
(2)



**NYHA I-II survival 30 months ~ 80%**

**NYHA III Survival 30 months ~ 40%**

**NYHA III mean survival ~ 2 years**



# TAFAMIDIS and NYHA functional class













Os pacientes deben cumprir os seguintes criterios:

1. -Diagnóstico de insuficiencia cardíaca :

- A lo menos unha hospitalización previa ou ter clínica de sobrecarga de volume que precise tratamento diurético para a melloría (sen hospitalización) -indicar data
- Clase I-II\* da NYHA -indicar clase
- FEVI  $\geq$  50% -indicar FEVI
- Grosor da parede do septo interventricular telediastólico  $>12$  mm na ecocardiografía .- indicar data ecocardiografía e dato del grosor do septo.

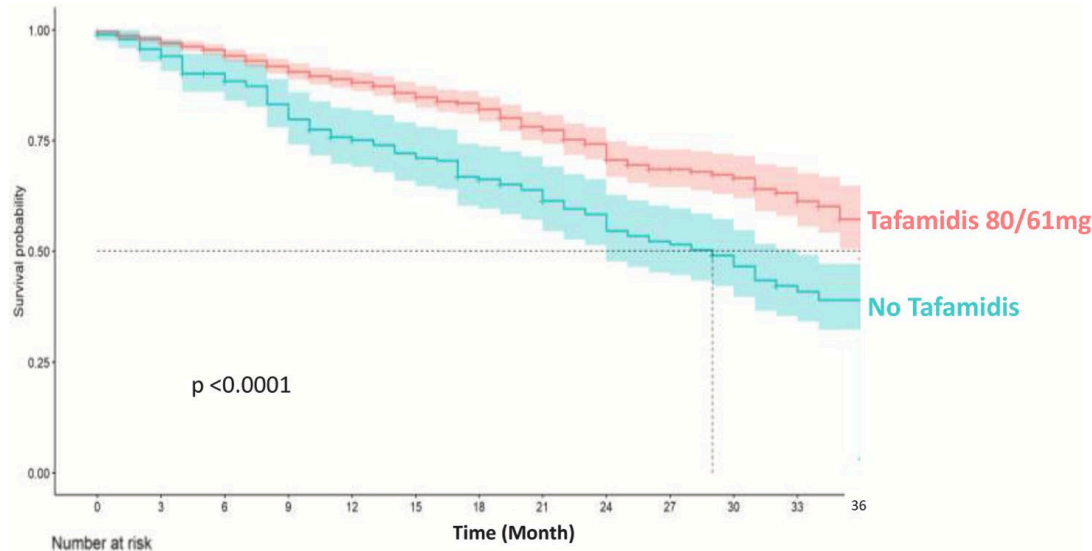
\*NYHA III: a ficha técnica contempla o uso en pacientes NYHA I e II quedando os pacientes NYHA III a criterio dun médico con experiencia no manexo de pacientes con amiloidose.

# TAFAMIDIS and AGE

Efficacy of Tafamidis (80/61 mg) in Patients With ATTR-CM					
Patients age <80 years 125 received tafamidis and 140 received placebo			Patients age ≥80 years 51 received tafamidis and 37 received placebo		
30 Months of Tafamidis or Placebo Treatment in ATTR-ACT					
74.5-m	smaller reduction in 6MWT distance ( $P < 0.0001$ )		84.6-m	smaller reduction in 6MWT distance ( $P < 0.01$ )	
0.56-fold	smaller increase in NT-proBNP concentration ( $P < 0.0001$ )		0.60-fold	smaller increase in NT-proBNP concentration ( $P < 0.0001$ )	
14.31-point	smaller decline in KCCQ-OS score ( $P < 0.0001$ )		13.62-point	smaller decline in KCCQ-OS score ( $P < 0.05$ )	
RR: 0.63	lower rate of CV-related hospitalizations per year ( $P < 0.001$ )		RR: 0.89	no change in the rate of CV-related hospitalizations per year ( $P = 0.5721$ )	
Up to 60 Additional Months of Open-Label Tafamidis in the LTE Study					
Smaller decline in KCCQ-OS score throughout the LTE study			Smaller decline in KCCQ-OS score throughout the LTE study		
HR for all-cause mortality favors tafamidis: 0.45 (95% CI: 0.32-0.64; $P < 0.0001$ )			HR for all-cause mortality trends in favor of tafamidis: 0.68 (95% CI: 0.40-1.15; $P = 0.1526$ )		

# TAFAMIDIS and AGE

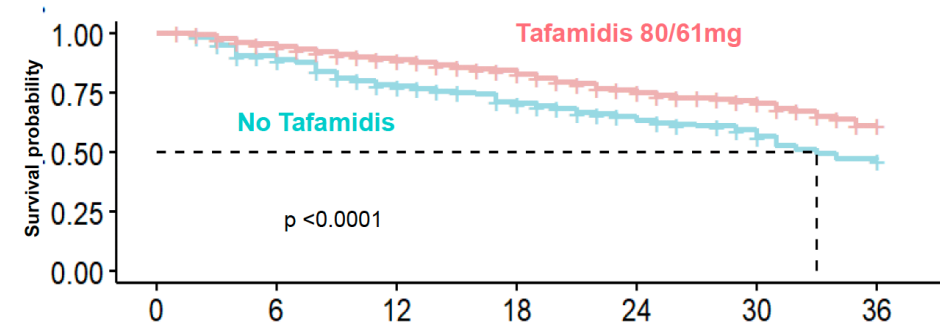
- Retrospective observational multicenter study in France (Healthcare European Amyloidosis Registry)
- **1380** patients  $\geq 80$  yo (1194 with tafamidis vs 186 without tafamidis)



## Propensity score



- Age
- NYHA
- SBP
- Troponin T
- NTproBNP
- IVST
- LVEF
- E/e'
- ASAT
- ALP



# CONCLUSIONS

1. Tafamidis is a transthyretin stabilizer available in Spain since June 2023. It was the first specific drug to treat patients with ATTRwt/ATTRv-CM, and continues to be the only available in our country
2. In the ATTR-ACT clinical trial, tafamidis was associated with reductions in all-cause mortality and cardiovascular-related hospitalizations and reduced the decline in functional capacity and quality of life compared with placebo. Furthermore, it proved to be a safe and well-tolerated drug
3. The results of the ATTR-ACT long-term extension study and the evidence obtained from the use of tafamidis in real life confirm its usefulness and safety

# CONCLUSIONS

4. Patients with ATTR-CM and a reduced LVEF <50% benefit from tafamidis, similar to those with a preserved LVEF
5. In patients with ATTR-CM and an advanced functional class, tafamidis was also associated with a reduction in all-cause mortality compared with placebo. However, the poor prognosis of these patients may determine the prescription of the drug
6. In octogenarians with ATTR-CM, treatment with tafamidis is associated with less deterioration in quality of life and functional capacity, and seems to reduce all-cause mortality. In these patients, a comprehensive assessment beyond age should guide the treatment decision